

## Girls Records - John Sharp Gala

Age	Event	Name	Time	Year
5	25m Butterfly	Efa Dwyfor-Clarke	41.60	2014
6		Esme Crowe	33.40	2007
7		Sian C Williams	23.95	2007
8	50m Butterfly	Issy Forte	54.57	2014
9	100m Butterfly	Medi Harris	1:43.67	2011
10		Medi Harris	1:27.12	2012
11		Medi Harris	1:13.24	2013
12		Medi Harris	1:14.12	2014
13		Mari F Davies	1:09.87	2011
14		Mari F Davies	1:08.71	2012
15/O		Mari F Davies	1:04.36	2014

5	25m Backstroke	Esme Crowe	40.04	2006
6		Amelia Forte	30.10	2014
7		Alaw Richards	25.59	2014
8	50m Backstroke	Anni Williams	40.75	2006
9	100m Backstroke	Trinity Love	1:37.04	2014
10		Medi Harris	1:22.69	2012
11		Medi Harris	1:13.24	2013
12		Medi Harris	1:08.86	2014
13		Anya Woolliscroft	1:12.07	2012
14		Mari Davies	1:08.08	2012
15/O		Mari F Davies	1:04.83	2014

5	25m Breaststroke	Efa Dwyfor-Clarke	46.09	2014
6		Esme Crowe	38.16	2007
7		Tasmyn Green	30.62	2012
8	50m Breaststroke	Issy Forte	1:00.55	2014
9	100m Breaststroke	Trinity Love	1:52.83	2014
10		Medi Harris	1:42.06	2012
11		Medi Harris	1:34.02	2013
12		Medi Harris	1:25.74	2014
13		Anya Woolliscroft	1:21.12	2012
14		Mari Davies	1:23.83	2012
15/O		Mari Davies	1:17.98	2014

5	25m Freestyle	Esme Crowe	32.61	2006
6		Milly Forte	27.13	2014
7	50m Freestyle	Cadi Roberts	49.76	2011
8		Meredyth Griffin	41.25	2002
9	100m Freestyle	Efa Williams	1:26.90	2013
10		Medi Harris	1:15.39	2012
11		Medi Harris	1:06.50	2013
12		Medi Harris	1:03.04	2014
13		Mari F Davies	1:00.25	2011
14		Mari F Davies	59.23	2012
15/O		Mari F Davies	57.33	2014

6	100m IM	Tasmyn Green	2:52.35	2011
7		Cadi Roberts	2:15.28	2011
8		Sian C Williams	1:53.84	2008
9	200m IM	Efa Williams	3:40.80	2012
10		Medi Harris	3:03.49	2012
11		Medi Harris	2:48.89	2013
12		Medi Harris	2:35.58	2014
13		Anya Woolliscroft	2:31.88	2012
14		Mari F Davies	2:30.07	2012
15/O		Mari F Davies	2:23.13	2014

## Long Distance

Age	Event	Name	Time	Year
6	200m Freestyle	Tasmyn Green	5:19.65	2011
7		Cadi Roberts	4:13.05	2011
8		Sian C Williams	3.46.50	2008
9		Efa Williams	3.14.16	2013
10		Medi Harris	2.50.96	2012
11		Medi Harris	2:29.09	2013
12		Medi Harris	2.17.68	2014
13		Mari F Davies	2.11.55	2011
14		Mari F Davies	2.10.53	2012
15/O		Mari F Davies	2:03.76	2013

8	400m Freestyle	Sian C Williams	8.26.67	2008
9		Cadi Roberts	7:17.51	2013
10		Medi Harris	5:55.05	2012
11		Medi Harris	5:13.45	2013
12		Medi Harris	4:50.19	2014
13		Mari F Davies	4:41.23	2011
14		Mari F Davies	4:36.02	2012
15/O		Mari F Davies	4:21.35	2014

9	800m Freestyle	Kara Allsup	16:18.00	2009
10		Anni G Williams	13.55.50	2008
11		Anni G Williams	12:08.47	2009
12		Jade Rowlands	11:15.11	2003
13		Mari Davies	9:45.63	2011
14		Anya Woolliscroft	9:59.05	2013
15/O		Lora Lukacs	9:51.10	2014

7	200m Backstroke	Isabelle Forte	5:03.24	2013
8		Cadi Roberts	4.12.81	2012
9		Trinity Love	3:38.84	2014
10		Medi Harris	3:08.47	2012
11		Medi Harris	2:45.61	2013
12		Medi Harris	2:30.24	2014
13		Mari F Davies	2.32.26	2011
14		Mari F Davies	2.29.11	2012
15/O		Mari F Davies	2:22.01	2014

7	200m Breaststroke	Elise Connor	5:34.12	2009
8		Anna Roberts	4.26.23	2003
9		Trinity Love	3:53.11	2014
10		Medi Harris	3.36.98	2012
11		Medi Harris	3:18.74	2013
12		Medi Harris	3:04.08	2014
13		Esme Crowe	2:52.01	2014
14		Anya Woolliscroft	3:04.17	2013
15/O		Georgia Povey	2.52.53	2014

9	200m Butterfly	Anni G Williams	4.43.00	2007
10		Medi Harris	3:24.48	2012
11		Medi Harris	3.02.39	2013
12		Jade Rowlands	3.11.28	2003
13		Anya Woolliscroft	2:39.81	2012
14		Brea Leung	4.11.84	2007
15/O		Mari Davies	2:23.02	2014

9	400m IM	Cadi Roberts	8:37.10	2013
10		Efa Williams	7:03.19	2014
11		Heledd Davies	6:34.41	2012
12		Mari F Davies	6:05.00	2010
13		Anya Woolliscroft	5:19.97	2012
14		Mari F Davies	5:14.66	2012
15/O		Mari F Davies	5:04.17	2014